

Course Description

MSS0803C | Clinic Practicum | 3.00 credits

Upon completion of this course, the student will have a general understanding of varied massage techniques, have the ability to demonstrate these techniques and be able to apply techniques in a community event and on campus clinical setting with supervision of a Licensed Massage Therapist.

Course Competencies

Competency 1: The student will be able to complete the appropriate client documentation assessment for clinic practicum by:

- 1. Describing and determining appropriate treatment taking into consideration the health history of the client
- 2. Describing and identifying various medications that may or may not be a contraindication in a clinic practicum
- 3. Describing and completing the appropriate number of clients in the semester

Competency 2: The student will be able to demonstrate an overall working knowledge of the evaluation of SOAP note and perform and demonstrate how to properly document by:

- 1. Describing and identifying the client intake form
- 2. Describing and identifying indications and contraindications
- 3. Understanding and reviewing indications and contraindications of hydrotherapy treatments with clients

Competency 3: The student will be able to perform a final evaluation by performing and demonstrating various skills necessary to assess proper Swedish massage techniques in clinic practicum by:

- 1. Demonstrating skills necessary to assess proper massage techniques for all clients. For example, effleurage, petrissage, tapotement, cross fiber friction, vibration, and touch without movement
- 2. Describing the skills necessary for draping the client during a full-body massage
- 3. Demonstrating and explaining the purpose of massage strokes used in massage sessions
- 4. Demonstrating how to organize massage methods and techniques into a basic flow pattern

Learning Outcomes

- Communicate effectively using listening, speaking, reading, and writing skills
- Solve problems using critical and creative thinking and scientific reasoning